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## Fun trip to FRIM

## Six- and seven-year-olds enjoy trekking and fishing

HE Pantai Hospital Cheras organised an educational trip to the Forest Research Institute Malaysia (FRIM) for its Junior's Club members recently.

About 20 members, aged six to seven participated in the half-day programme.

The participants departed from PHC by bus at 9am.

Several activities were lined up for them at FRIM including jungle trekking and fishing. They were also taken on a tour of FRIM's gallery.

At the end of the outing, the children were treated to lunch at McDonald's Taman Melati, Hulu Kelang.

The members of PHC Junior's Club were those born in PHC, aged 12 and below. Every year, PHC will organise some interesting and educational activities for the members.

The upcoming event for the members and their families is the Junior's Club Workshop, which will be held on July 25.

The programme includes talks by PHC paediatricians, fun activities for kids and also a demonstration on how to use the first aid kit.



**Happy families:** The kids together with their families and PHC committee members taking photos together at McDonald Taman Melati, Hulu Kelang.